

# TINA R. HOUSTON-ARMSTRONG, PH.D.

Living Connected Psychological, Inc.  
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## **EDUCATION**

- 2006 *Fuller Theological Seminary, Pasadena, CA*  
**Ph.D. Clinical Psychology**  
Dissertation: *Human Perpetrated Violence, Life Threat, Spirituality, and PTSD Severity in International Relief and Development Personnel*  
**Pre-doctoral APA Internship:** Saint John's Children and Family Services, Santa Monica, CA
- 2003 *Fuller Theological Seminary, Pasadena, CA*  
**M.A. Theology**
- 2002 *Fuller Theological Seminary, Pasadena, CA*  
**M.A. Clinical Psychology**  
Thesis: *Ethnicity, Community Violence Exposure, and PTSD Symptoms in Inner-City Boys*
- 1998 *Harvard Graduate School of Education, Cambridge, MA*  
**Ed.M. Human Development & Psychology**
- 1997 *University of California at Los Angeles, Los Angeles, CA*  
**B.A. Theater**  
Senior Project: *"Theater as a Healing Tool"*

## **PROFESSIONAL LICENSURE**

- 2010-present Licensed Clinical Psychologist  
State of California, PSY 23406

## **CLINICAL PSYCHOLOGY EXPERIENCE**

- 2021-Current **Living Connected Psychology, Inc., La Mirada, CA**  
**CEO and Psychologist**  
Deliver outpatient individual psychotherapy to adults while leading the overall operations and clinical direction of a private psychology practice. Integrate evidence-based interventions with culturally responsive care to address mood disorders, anxiety, trauma, and stress-related concerns.
- 2021-2023 **Collective Consulting, Torrance, CA**  
**Independent Contractor**

Provide psychological testing to evaluate cognitive and social/emotional functioning. Provide diagnosis of various conditions, such as Autistic Disorder, Attention Deficit Hyperactivity Disorder, Intellectual Disability, Learning Disability, and Advanced Cognitive Functioning (Giftedness).

- 2019-2021     **Independent Contractor Private Practice, Telehealth**  
Provided outpatient individual psychotherapy via telehealth within a community mental health setting. Delivered evidence-based, culturally responsive treatment to adults, addressing mood disorders, anxiety, trauma, and stress-related concerns while adhering to ethical and clinical standards.
- 2015-2022     **Director of Clinical Training, Graduate School of Psychology**  
Fuller Theological Seminary, *Pasadena, CA*  
Directed the Field Training program and oversaw external clinical training placements for PsyD and PhD doctoral programs. Developed and maintained training partnerships throughout the greater Los Angeles area, ensured the quality of clinical placements, and monitored student clinical competencies. Led remediation planning when needed and ensured full compliance with APA accreditation standards while providing professional mentorship and guidance to trainees.
- 2011-2015     **Alliant International University**  
California School of Professional Psychology, *Los Angeles, CA*  
Served as a clinical supervisor and mentor to doctoral psychology students, supporting the development of professional identity, ethical decision-making, and culturally informed clinical practice. Guided students in navigating professional roles, boundaries, and responsibilities while fostering reflective practice and clinical confidence.
- 2010-2011     **Children's Institute Incorporated, Los Angeles, CA**  
***Associate Director of the Leadership Center***  
Assisted in the management, coordination, development, and implementation of intern and staff training programs that meet the needs of the agency at all levels of the organization and oversaw the maintenance of the CII training calendar. Participated as a member of the Leadership Center's leadership team to formulate and promote learning and innovation across the organization. Assisted in the management and development of the Child Trauma Center program activities, including agency-wide data management and tracking, implementation of evidence-based practices, outcome measures, and reporting for NCTSN collaboration. Oversaw interagency reports for clinicians, managers, and key stake holders.
- 2008-2010     ***Program Coordinator, Urban League Head Start Mental Health Consultation Program***  
Developed and Implemented an Early Childhood Mental Health Consultation Program with the goal of preventing, identifying, treating and reducing the impact of mental health problems among children ages 3 to 5 via group interventions. Core responsibilities included supervising and coordinating the delivery of mental health services to over 115 pre-school classrooms. Act as a liaison between Children's Institute, Inc. and Urban League Head Start. Provide in-service training for Urban League Head Start Teachers and staff. Supervise and provide ongoing weekly training for 9 to 10 APA doctoral level interns who provide mental health services in the classroom. Provide oversight, evaluation and guidance/feedback on all documentation. Provide direct service in the classroom to teachers, students, and parents. Complete and monitor behavioral

modification plans. Attend and participate in making recommendations at Child Study Team meetings and other miscellaneous activities. Actively collecting archival data and treatment outcomes for prospective research studies.

- 2007-2008      **Children's Institute Incorporated, Los Angeles, CA**  
**Psychologist II**  
Certified as a Parent Child Interactive Therapist. Provide outpatient individual and family therapy to children and families in a community mental health agency. Facilitate group treatment to children exposed to Domestic Violence and Parent training to adults. Participate in clinical case presentations. Specialized training in evidenced based treatments: Trauma Focused Cognitive Behavioral Therapy and Parent Child Interactive Therapy. Provide clinical supervision for bachelor level in home family support workers. Participate in outcome research gathering.
- 2006 -2007      **Children's Institute Incorporated, Los Angeles, CA**  
**Psychologist I**  
Provide outpatient individual and family therapy to children and families in a community mental health setting. Facilitate group treatment to children exposed to Domestic Violence and Parent training to adults. Participate in clinical case presentations. Specialized training in evidenced based treatments: Trauma Focused Cognitive Behavioral Therapy and Parent Child Interactive Therapy. Provide clinical supervision for bachelor level in home family support workers. Participate in outcome research gathering
- 2005-2006      **Saint John's Health Center-Child and Family Development Center, Santa Monica, CA**  
**Psychology Intern** (APA accredited Internship)  
Provide outpatient individual and family therapy to children, adolescents, and families in a community mental health agency. Provide school-based group and individual psychotherapy to children and adolescents. Conduct psychological assessments with children and adolescents. Participate in clinical case presentations at weekly diagnostic team meetings. Participate in educational seminars focused on child and adolescent specific: psychological assessment, crisis intervention, family therapy, cognitive behavioral therapy, school based mental health intervention, play therapy, legal/ethical issues, cultural diversity, group therapy and issues related to domestic violence and/or abuse.  
\* Year rotation as Consultant/therapist within intensive early intervention therapeutic milieu for children ages 3-5 with severe emotional and/or behavioral problems.
- 2004-2005      **Fuller Psychological and Family Services, Pasadena, CA**  
**Psychological Assessment Clinician**  
Performed Learning Disorder Assessments in an ethnically diverse adult, adolescent, and child outpatient clinic. Performed various psychological measures to determine learning style and learning challenges and to clarify diagnosis.
- 2003-2004      **Children's Institute International, Los Angeles, CA**  
**Therapist**  
Performed individual, group, family, and collateral therapy in a DMH contracted community mental health agency. Presented clinical case studies, and participated in

various types of psychoeducational trainings. Worked with population largely impacted by domestic and community violence.

- 2002-2003     **Los Angeles County +University of Southern California Hospital, Los Angeles, CA**  
**Psychological Assessment Clerk**  
Conducted psychological assessment in an inpatient and outpatient child and adolescent population, for diagnostic clarification along the five axis system.
- 2001-2002     **Fuller Psychological and Family Services, Pasadena, CA**  
**Therapist**  
Performed individual, couple, and group therapy in an outpatient clinic population. Lead psychoeducational parenting group.
- 1997-1998     **Judge Baker Children's Center, Boston, MA**  
**Counseling Intern**  
Counseled first-grade "at-risk" students in a public elementary school. Observed and interviewed students to assess their needs. Conducted individual, pair-therapy, and group counseling to foster social-emotional, interpersonal and negotiation skills while providing academic support. Attended weekly clinical seminars given by professionals in the field. Met with an appointed clinical supervisor once a week.

## **FACULTY & ADMINISTRATIVE APPOINTMENTS**

- 2015-2023     Fuller Theological Seminary, Pasadena, CA  
**Assistant Professor of Psychology (2015-2019)**  
**Associate Professor of Psychology (2020-current)** Graduate School of Psychology  
Serve as a core tenure-track faculty member – duties include teaching, advising and research mentorship of doctoral dissertation students. Chair and participate in various committees. Courses taught:

- ~Professional Development & Emerging Leaders
- ~Touchstone in Theology & Psychology
- ~Cultural Diversity Lab
- ~Spiritual Formation and Helping Professionals

### **Director of Clinical Training, Graduate School of Psychology (2015-2022)**

Fuller Theological Seminary, Pasadena, CA

Administer the Field Training program and oversee the external placements of both doctoral programs (PsyD & PhD). Develop new training partnerships and maintain existing partnerships within the greater Los Angeles area. Ensure the quality of external placements, monitor students' clinical competencies, and develop remediation plans as needed. Ensure that the program is compliant with all APA standards.

### **Clinical Ph.D. Program Chair, Graduate School of Psychology (2015-2019)**

Fuller Theological Seminary, Pasadena, CA

Provide guidance and oversight of the Clinical Ph.D. program. Guide and implement strategic plans. Lead the APA/CoA re-accreditation process. Oversee admissions, recruitment & retention. Nurture and mentor students' professional development.

- 2013-2015      **Alliant International University**  
 California School of Professional Psychology, *Los Angeles, CA*  
**Coordinator of the Multicultural Community & Clinical Psychology emphasis area**  
 In May of 2013, I was nominated by my peers to take on the role of MCCP emphasis area coordinator. This role allows me to work directly with and mentor both Ph.D. and Psy.D. Doctoral level students interested in this area. Also I have the opportunity to collaborate more intensively with my colleagues. I coordinate and resolve student curriculum concerns related to the emphasis area. Conduct bimonthly faculty meetings of 8 core faculty members. Plan and facilitate the yearly faculty retreats, and monthly student professional and social activities. Plan and coordinate course scheduling for the academic year. Facilitate doctoral level admission process (application review, interview and orientation) and follow up after notification. Develop recruitment strategies to enhance diverse learners.
- 2011-2015      **Alliant International University**  
 California School of Professional Psychology, *Alhambra, CA*  
**Assistant Professor**—Ph.D. Clinical Psychology Program  
 As a core faculty member in the Ph.D. Clinical Psychology program my duties include teaching & developing core and elective courses, advising and mentoring students throughout the dissertation process, participating on the Human Participant's Protection Committee (IRB), research development, community advisory boards, and scholarly writing and presentations. Courses taught:  
     ~ **Professional Roles & Emerging Leaders course**  
     ~ **Diversity Seminar**
- 2005-2009      **Fuller Graduate School of Psychology, Pasadena, CA**  
**Guest Lecturer**  
 Facilitate the learning process for graduate students via lecture, group discussion, and integration of technology to enhance learning experience (e.g. PowerPoint presentation, films)  
     ~ **History & Systems**—Instructor: Alvin Dueck, Ph.D.  
     ~ **PTSD Interventions**—Instructor: Cynthia Eriksson, Ph.D.  
     ~ **Children at Risk**—Instructor: Katherine Putman, Ph.D.  
     ~ **Clinical Interventions: Diversity**—Instructor: Alexis Abernethy, Ph.D.
- 2004-2005      **Glendale Community College, Glendale, CA**  
**Substitute Adjunct Parent Education Instructor**  
 Facilitated group discussions and lectures on child development, parental values and goals, various philosophies of child rearing, strengthening family relationships, communication, safety, and managing challenging behaviors, etc.  
  
**Instructor of World Religions—Life Skills Department**  
 This was a 13 week course utilizing adult learning theory to expose students to the philosophies, practices, culture and symbols of the 5 largest World Religions: Hinduism, Buddhism, Judaism, Islam, and Christianity. Class format included mini lectures, group discussions, student lead, interactive designs, and more.
- 2004-2005      **Fuller Graduate School of Psychology, Pasadena, CA**  
**Teaching Assistant/ Clinical Supervisor**

Led discussion and supported key skill development for emergent clinicians. Prepared 1<sup>st</sup> year graduate students for interaction with their first client. Supervised students on how to appropriately utilize Rogerian Therapy techniques. Designed tools and self-assessments to enhance the implementation of core clinical skills.

Instructor: Timothy Kelly, Ph.D.

2001-2003 **Fuller Graduate School of Psychology, Pasadena, CA**

***Teaching Assistant***

Facilitated group discussion in the integration of psychology and theology course with first year graduate students. Instructed students in preparation for oral exams and personal integration of theology and psychology.

Instructor: Alvin Dueck, Ph.D.

## **RESEARCH EXPERIENCE**

2020-2023 **Black Women's Spirituality Research Lab**

**Principle Investigator**

The Black Women's Spirituality Research Lab is about creating a space that honors the experiences of Black women and engages in research from an embodied and culturally congruent approach for both the researchers and the participants. Our vision is to enhance the quality of life for Black women in our seminary, our state, our nation, and our world!

Lab Projects:

- ~ Black women and the superwoman schema
- ~ Black women's experiences at a PWI: Institutional & individual factors

2020-2023 **Black Women's Research Consultation Group**

This is a group exclusively for Black female doctoral students, early, mid and advanced career Black female psychologists, to support one another in the advancement of professional and personal life, through 6 meetups throughout the academic year.

2018-2023 **Scientific Study of Worship Exemplars, Pasadena, CA**

Collaborator with Alexis Abernethy, Ph.D.

The current study is a qualitative exploration of exemplar worship leaders.

2011-2015 **Wellness and Resilience Research Lab, Alhambra, CA**

***Principle Investigator & Lab Developer***

The mission of WRRL is to conduct research that targets historically underrepresented ethnic populations from a strength based theoretical model, in efforts to understand issues related to wellness and resilience. Part of the vision of the lab is to provide research skills and training to graduate students of color. The lab provides opportunities for women of color to become proficient in research. A distinct mentorship model is utilized that supports the holistic personal and professional development of these emerging scholars. Collaboration is utilized to develop protocols, conceptualize projects, define research

goals, solicit funding, and support presentations, papers, and publications. Projects include:

- ~ Professional African American women and work-life balance (qualitative)
- ~ Professional African American women and wellness
- ~ Research mentorship of women of color
- ~ Strategies to enhance mentorship of graduate women of color

- 2008-2012      **UCLA Community Collaboration Research Project, Westwood, CA**  
**Research Collaborator & Advisory Board Member**  
This partnered project protocol was approved by the RAND Corporation IRB. Participated in conceptualizing the issue addressing premature mortality in Black men. Defined broad goals through a “VISIONing” process. Developed the common theme to explore factors associated with the transition to manhood for young, Black men in Los Angeles area. Participated in gathering the data and interpreting the findings.  
~African American Men Photovoice Project (qualitative)
- 2000-2005      Fuller Theological Seminary Graduate School of Psychology  
Travis Institute: A Center for Research on Stress, Trauma, &, Adjustment  
**Headington Research Lab**  
**Student Researcher: (2000-2005)**  
The focus of this research lab is on international trauma and related issues. Responsibilities include collaborative efforts on literature review, data entry, data analysis, and compilation of findings, etc. Currently completing training module for those working with children exposed to violence.
- Research Practicum**  
**Research Assistant: (2000-2001)**  
Worked on various research projects pertaining to trauma and violence, including conducting literature reviews, data entry, data analysis, compilation of findings, and peer review of journal articles.
- 1999-2003      Fuller Theological Seminary Graduate School of Psychology  
**Spirituality and Health Research Lab**  
**Collaborator (2000-2003)**  
*Spirituality in Women of African Descent*  
Research group is in early stages seeking to understand the relationship between spirituality and health in African American Women. In first phase, I assisted in compiling the literature review. The second phase consisted of running a focus group and creating a questionnaire that we passed out assessing what is essential to their spirituality.
- Research Assistant: (1999-2002)**  
*Religiousness & Prostate Screening in African American Men*  
Participated as a community liaison and aid in the collection of data from over 500 African American men in a randomized control study looking at how a standard vs. cultural specific program impacts their decision to have consistent prostate screening. Current research indicates that African American men are more likely to get prostate cancer it is our hypothesis that the culture specific program will be more influential in men getting screening. This project was spread over a two-year period, had three phases, and was fully funded by the California Cancer Research Program.

1998-1999      **HRI Trauma Institute, Brookline, MA**  
**Research Assistant**  
 Conduct background research for current projects. Participate in interviewing and assessing adults with Posttraumatic Stress Disorder. Review and gather data of patients in our clinical trial study of Prozac, under the direction of PI Bessel van der kolk, MD. Conduct literature review and collaborate in writing a proposal for policy expenditures on the cost effectiveness of prevention treatment.

## **UNIVERSITY & PROFESSIONAL SERVICE APPOINTMENTS**

2015-2023      California Psychological Association, *Los Angeles, CA*  
 Division II-Education & Training  
**Board Member**  
 Recruited by peers to join the board in creating and acting on issues that impact graduate training and education.

2013-2015      Southern California Association of Black Psychologists, *Los Angeles, CA*  
**Executive Board Member**  
 Nominated by peers to join the executive board where I supported the development of new and innovative ways to improve upon the organizations fulfillment of its stated mission.

2013-2015      California School of Professional Psychology, *Los Angeles, CA*  
**Coordinator of the Multicultural Community & Clinical Psychology emphasis area**  
 In May of 2013, I was nominated by my peers to take on the role of MCCP emphasis area coordinator. This role allowed me to work directly with and mentor both PhD and PsyD doctoral level students interested in this area. I had the opportunity to collaborate more intensively with my colleagues to coordinate and resolve student curriculum concerns related to the emphasis area. This included many functions including but not limited to conduct bimonthly faculty meetings of eight core faculty members; plan and facilitate the yearly faculty retreats, and monthly student professional and social activities; plan and coordinate course scheduling for the academic year; facilitate doctoral level admission process (application review, interview and orientation) and follow up after notification; and develop recruitment strategies to enhance diverse learners.

2012-2015      **Ad-hoc Reviewer, *The Journal of Child and Adolescent Trauma***

2012-2015      **Ad-Hoc Reviewer, *The Journal of Aggression, Maltreatment, and Trauma***

2011-2015      Alliant International African American Faculty Task Force  
**Chair of Resource Sharing, Professional Collaboration, and Development, AIU System wide**  
 As a member of this university wide task force, I was nominated and elected chair of the sub-committee listed above. As the chair I lead my team in the development and creation of the *Faculty of African Descent Needs Survey*. The Needs Survey was IRB approved and data was gathered from faculty of African descent, system wide, to assist in



understanding the factors related to academic productivity, collaboration, and career advancement.

- 2011-2015 Human Participant's Protection Committee  
***Ad-hoc IRB Committee Member (2013-present)***  
Review new research applications for IRB approval, as needed.
- Local Campus IRB Committee Member (2011-2012)***  
Review new research applications for consistency, completeness, and compliance with federal and state regulations and institutional guidelines for IRB approval. Review informed Consent Documents for protocol and amendment-specific content and to ensure presence of federally mandated elements of informed consent.
- 2010-2013 ***Association of Black Women in Higher Education, Los Angeles, CA***  
***Elected National Board Member of the Research Committee (2012-2013)***  
Elected to the national board to provide guidance and direction of the national research agenda, clarify protocols, instating IRB policies & procedures. Developing data base of participants with the mission of championing concerns of Women of African Descent in academia.
- Research Committee Member (2010-2012) Professional Experiences of African American Women***  
Participated in this National organization for the purpose of championing women professionals within academia. Contributed in early phases of conceptualizing the research program and defining research goals. Attend and participate in meetings, while supporting the development of the research protocol.
- 2010-2015 ***The Institute on Violence, Abuse and Trauma (IVAT)***  
***Conference Planning Committee Member, Los Angeles CA***  
The Institute on Violence, Abuse and Trauma (IVAT) strives to be a comprehensive resource, training and research center dealing with all aspects of violence, abuse and trauma. IVAT interfaces with Alliant International University's academic schools and centers, which provide resource support and educational training. Through a focus on collaborations with various partnering organizations, IVAT desires to bridge gaps and help improve current systems of care on a local, national, and global level. As a member of the conference planning committee, I attend monthly meetings and assist in the development of the conference theme and Agenda. I also assisted in locating conference speakers, reviewing conference proposals and submissions, and participation in operating the annual conference.

## **PUBLICATIONS**

### **Peer-Referred**

Armstrong, T. R., & Calloway, K. (2023). The beautiful mess of collaboration: An embodied pedagogy for teaching across disciplines, genders, races, and theological traditions. *Journal of Psychology and Christianity*, 42 (1), 51-58.

Armstrong, T., Wangugi, A., Scott, S.N. (2022). Unpacking of a legacy: Womanist theology and clinical

implications. *Journal of Psychology and Theology* <https://doi.org/10.1177/00916471211071060>

**Armstrong, T. R.** (2021). Considerations in culturally modifying psychotherapy. *Journal of Psychology and Christianity*, 40(3), 258-262

Remaker, D. N., Gonzalez, M. M., **Armstrong, T. R.**, & Sprague-Connors, G. (2019). Women of color and mentorship in graduate training. *Training and Education in Professional Psychology*. Advance online publication. <http://dx.doi.org/10.1037/tep0000297>

Vivrette, R, Briggs, E., Lee, R., Kenney, T., **Armstrong, T. R.**, Pynoos, R. & Kiser, L. J. (2016). Impaired caregiving, trauma exposure, and psychosocial functioning in a national sample of children and adolescents. *Journal of Child & Adolescent Trauma*, 1-10.

Bharmal, N., Kennedy, D., Jones, L., Lee-Johnson, C., Morris, D., Caldwell, B., Brwon, A., **Armstrong, T. R.**, et al. (2012). Through our eyes: Photovoice project exploring young black men's perspective on environmental factors affecting a safe, healthy transition to manhood. *Journal of General Internal Medicine*, 27(2), 153-159

Abernethy, A. D., Magat, M. M., **Houston, T. R.**, Bjorck, J. P., Gorsuch, R. L., & Arnold, H. (2009). Religiousness and Prostate Cancer Screening in African American Men. *Journal of Psychosocial Oncology*, 27(3). 310-326

Abernethy, A. D., **Houston, T. R.**, Mimms, T., & Boyd-Franklin, N. (2006) Using prayer as a metaphor in psychotherapy: Applying Sue's differential to enhance culturally competent care. *Cultural Diversity and Ethnic Minority Psychology*, 12(1), 101-114.

Abernethy, A. D., **Houston, T. R.**, Magat, M. M., Arnold, H., Gorsuch, R. L., Bjorck, J. P. (2005) Recruiting African American men in cancer screening studies: Applying prevention and culturally-based models. *Health Education and Behavior*, 32(4), 441-451.

## Non Peer-Referred

**Armstrong, T. R. (2023)** Sisters flourishing: Personal retreat guide. Self-published.

**Armstrong, T.R. & Mingo, D. (2022)** Preparing graduate students for community outreach. *The California Psychologists*, 55 (3).

**Armstrong, T. R.** (2021). Forming cultural sensitivity: An exploration of a classroom activity. In **D. J. Downs, T. R. Armstrong, and A. Yong**, (eds), *Vocation, formation, and theological education: Interdisciplinary Perspectives*. (Claremont, CA: Claremont Press)

**Armstrong, T. R. & Crawford, N.** (Spring 2021). We are all in this mess together: The pandemics and clinical training. *The California Psychologists*.

**Armstrong, T. R. & Crawford, N.** (September 2019). A true partnership: Doctoral programs & site supervisors preparing culturally competent clinicians. *The California Psychologists*, 52.

Ellis-Blied, M, **Armstrong, T. R.**, & O. Belik (2018). On Landing the Pre-doctoral Internship: Tips for applying, interviewing, and finding the right "fit". *The California Psychologist*, 51(4), 38-39.

**Armstrong, T. R.** & Edmonds-Biglow, K. (2013). *Work-life Balance and African American Women Entrepreneurs*.

President, M., Hawkins, J., Hendrix, F. & **Armstrong, T. R.** (2013). Inspiring professional African American women to achieve and sustain work-life balance, a lesson on mentorship. *Psych Discourse*, 47, 11-14.

Vivrette, R., Hawkins, J., Serry, F., & **Armstrong, T. R.** (2012). The role of fathers in reducing community violence. *The Community Connection*, 3(1), 7. Alliant International University, Alhambra, CA.

President, M., Nguyen, N., Hendrix, F. & **Armstrong, T. R.** (2012). The role of organized religion in encouraging disclosure after trauma. *The Community Connection*, 3(1), 6. Alliant International University, Alhambra, CA.

**Houston, T. R.** (2002) Moving towards a liberation Psychology: Community violence and African American Boys. [Abstract]. The Annual American Academy of Religion, Toronto, Canada. S168.

Abernethy, A. D., Magat, M. M., Otis, K., **Houston, T. R.**, & Arnold, H. (2002). Intrinsic religiousness and prostate cancer screening receptivity in African –American Men. *Annals of Behavioral Medicine*, 24(Suppl), S174.

Abernethy, A. D., Otis, K., **Houston, T. R.**, Magat, M. M., & Arnold, H. (2002). Building partnerships with churches to increase prostate cancer control. *Annals of Behavioral Medicine*, 24(Suppl), S226.

Magat, M. M., Abernethy, S. D., Otis, K., **Houston, T. R.**, & Arnold, H. (2002). Fatalism among African-American men: effects on prostate cancer screening. *Annals of Behavioral Medicine*, 24(Suppl).

## **GUEST EDITOR**

Callaway, K. & Houston-Armstrong, T. (2023) Guest editors. *Journal of Psychology and Christianity*, 42 (1) 3.

## **GRANTS & Awards**

BOSS Network Grant (2024)

APA, The society for the Psychology of Women, Division 35, Section 1: Foremothers Mentorship Career Excellence Award (2022)

Wabash Center Grant (2022-2023)

Forum for Theological Exploration Institutional Doctoral Network Grant (2021-2023)

Inclusion and Equity Faculty Resource Grant (2021)

Travis Research Institute Faculty Grant (2020)

Inclusion and Equity Course Revision Grant (2019)

Alliant International University, Faculty Research Seed Fund Award (2012)

## **PRESENTATIONS AT ACADEMIC & PROFESSIONAL MEETINGS**

### **Invited Academic Presentations**

**Armstrong, T.R.** ( 2023, May 20<sup>th</sup>). Invited Presenter on “ Stress and the undiagnosed in the Black Church. For the Annual Mental Health and the Black Church series, at Fuller Seminary, Pasadena, CA.

**Armstrong, T. R.** (2021, October). Invited Panelist on “*Re-visioning the mission of health: A global invitation to heal and thrive in crisis*”, for the Annual Missiology Lecture. October 2021 at Fuller Center for Missiological Research, Pasadena, CA

**Armstrong, T. R.** (2020, February). Invited Respondent on “*Reclaiming our inheritance: Contemplative practice, transformation from the inside out*”, for Fuller Graduate School of Psychology for Integration Symposium Lectures, at Fuller Seminary, Pasadena, CA

**Armstrong, T. R.,** Lee, D., & Yong, A. (2019, December 5). Presentation on “*Next and Fuller steps: Faculty and student conversations for the 2020’s*”, for Navigating White Evangelical Academia series, at Fuller Theological Seminary, Pasadena, CA.

**Armstrong, T. R.,** (2019) Media Presentation on “*Introduction to the Book of Joel*”, for Fuller Studio Media Recording, at Fuller Theological Seminary, Pasadena, CA.

**Armstrong, T. R.,** Green, J., Kujawa-Holbrock, S, & Nolty, A. (2019, October 16). Presentation on “*Mentoring at the intersection: Social justice approaches in supporting ethnically and racially diverse doctoral women*”, for Navigating White Evangelical Academia series, at Fuller Theological Seminary, Pasadena, CA.

### **Peer-Referred Presentation**

**Armstrong, T.R.,** Mingo, D., Rollerson, J. & J. Green. (2024, August). *Empowering Black women in academia; the ROOTED approach*. Presented at the American Psychological Association Annual Convention. Seattle, WA.

**Armstrong, T.R.** (2024, July). Presentation on *The ROOTED Model*, for the 54<sup>th</sup> ABPSi Annual Convention, Phoenix, AZ.

Mingo, D., Kolade, R & **T. R. Armstrong** (July 2022). *Presentation Black women flourishing in academia*. for the 53<sup>rd</sup> ABPSi Annual Convention.

**Armstrong, T.R.** (2022, January). Presentation on “*Using Spirituality to Support the Flourishing of Black Doctoral Women at PWI’s,*” for NCSPP 2021 Midwinter Conference, Virtual.

**Armstrong, T. R.,** Green, J., Kim, A. (2020 Midwinter). Presentation on “*Mentoring at the Intersection: A Social Justice Perspective.*” for NCSPP 2020 Midwinter Conference, at Carlsbad, CA.

- Armstrong, T. R.**, Granham, J., & Abernethy, A. D., (2019, March). Presentation on “*Spirituality and transformation in a Bahamian community group setting*”, for the Society for Behavioral Medicine Annual Meeting & Scientific Sessions, at Washington, DC.
- Clark, J. R., Kernes, J., Brown, N., **Armstrong, T. R.**, Fowler, G., & Michalski, B. (2019, January). Symposium Presentation on “*Moving the Admissions process forward: Innovations in recruitment, screening, and communication*”, for the NCSPP 2019 Midwinter Conference, at New Orleans, LA.
- Green, J., **Armstrong, T. R.**, & Beckstein, A. (2016, August). Symposium Presentation on “*Using a social justice framework to recruit, train, and mentor diverse students*”, for the American Psychological Association Annual Convention, at Denver, CO.
- Armstrong, T. R.** (2016, April). Symposium Presentation on “*Cura Personalis & graduate women of Color: The art of mentoring the whole person*”, for Christian Association of Psychological Studies, at Pasadena CA.
- Sumner, L., **Armstrong, T. R.**, & Scarborough, N. (2015, August). Symposium Presentation on “*Mentoring graduate women of color in PWI’s*”, for the 47<sup>th</sup> ABPsi Annual Convention, at Las Vegas, NV.
- Kademian, F., Serry, F., Lawson, D., & **Armstrong, T. R.** (2014, September). Symposium Presentation on “*Using mindfulness to enhance well-being in mental health personnel*”, for the 19<sup>th</sup> Annual IVAT Conference, at San Diego, CA.
- Armstrong, T. R.** (2014, July 10). Symposium Presentation: on “*Diversifying the field of psychology: Enhancing research training of doctoral minority women within the United States*”, for the 28<sup>th</sup> International Congress of Applied Psychology, at Paris France.
- Armstrong, T. R.**, Green, J., & Peters, E. (2014, June) Symposium Presentation on “*Using a social justice framework to mentor students of color*”, for APA Division 45 Research Conference, at Eugene Oregon.
- Carr, R., O’Callaghan, E., & **Armstrong, T. R.** (2014, March 15) Poster Presentation on “*Interventions for couples during the transition to parenthood.*”, for the 1<sup>st</sup> Annual Honoring Diverse Feminist Perspectives: Journeying to build relationships and enhance Professional Practice, at Los Angeles, CA.
- Gonzales, M., Miranda, M., Onochie, B., & **Armstrong, T. R.** (2014, March 15) Poster Presentation on “*Coping strategies and graduate women of color*”, for the 1<sup>st</sup> Annual Honoring Diverse Feminist Perspectives: Journeying to build relationships and enhance Professional Practice, at Los Angeles, CA.
- Gonzales, M., Miranda, M., Onochie, B., Choi, T. & **Armstrong, T. R.** (2013, October) Poster Presentation on “*Perceived stress, coping, and well-being among women of color in graduate studies*”, for the Los Angeles County Psychological Association 25th Annual Convention, at Los Angeles, CA.

- Armstrong, T. R., & Kademian, F.** (2013, September). Symposia Workshop Presentation on “*Using Mindfulness meditation to reduce stress in mental health practitioners*”, for the 18<sup>th</sup> Annual IVAT Conference, at San Diego, CA.
- Kademian, F., Kondrath, S., Gonzalez, M., & **Armstrong, T. R.** (2013, September). Poster Presentation on “*Barriers and discrepancies among survivors of sexual assault in the military*”, for the 18<sup>th</sup> Annual IVAT Conference, at San Diego, CA.
- Sikora, V., Miranda, M., Lawson, D., Kondrath, S. & **Armstrong, T. R.** (2013, September). Poster Presentation on “*Combat trauma and intimacy in post-deployed veterans*”, for the 18<sup>th</sup> Annual IVAT Conference, at San Diego, CA.
- Hawkins, J., Hendrix, F., President, M., Vivrette, B. & **Armstrong, T. R.**, (2013, August) Paper Presentation on “*Brown Bag Lunch Series: Strategies to reduce vicarious trauma in early career psychologists*”, for Alliant International University, at Los Angeles, CA.
- Hawkins, J., Hendrix, F., **Armstrong, T. R.**, President, M., & Vivrette, B. (2013, May) Paper Presentation on “*Strategies to reduce vicarious trauma*”, for APA’s 10<sup>th</sup> International Conference on Occupational Stress & Health., at Los Angeles, CA.
- Nguyen, N., **Armstrong, T. R.**, et al. (2013, May) Poster Presentation on “*Work-life balance, conditional factors*”, for APA’s 10<sup>th</sup> International Conference on Occupational Stress & Health., at Los Angeles, CA.
- Armstrong, T. R.**, Kademian, F., & Gonzalez, M. (2013, March) Paper Presentation on “*Experiential learning for social justice education*”, for the 93<sup>rd</sup> Annual Southwestern social Science Association, New Orleans, at LA.
- President, M., **Armstrong, T. R.**, Nuguyen, N. & Hawkins, J. (2013, March) Paper Accepted on “*Work-life balance and African American women*”, for the 93<sup>rd</sup> Annual Southwestern Social Science Association, at New Orleans, LA.
- Armstrong, T. R.**, Bowens, M., Gonzalez, M., & Lawson, D. (2013, February) Paper Presentation on “*Strategies to reduce compassion fatigue, burn out & vicarious trauma among early childhood educators*”, for the annual California Head Start Association Conference, at San Diego, CA.
- Hawkins, J, **Armstrong, T. R.**, President, M., Vivrette, B., & Hendrix, F. (2012, September) Poster Presentation on “*Strategies to reduce vicarious trauma for mental health professionals*”, for 17<sup>th</sup> Annual Institute on Violence, Abuse and Trauma Conference, at San Diego, CA.
- Burke, J., **Armstrong, T. R.**, Lehman, I., Gartler, P, & Platt, J. (2012, August) Symposium Presentation on “*Becoming a global psychologist: Processing international training experiences*”, for 120<sup>th</sup> American Psychological Association Annual Convention, at Orland Florida.
- Fu, M., **Armstrong, T. R.**, Jackson, T., Carter, M., & Daniels, T. (2012, August) Symposium Presentation on “*Learning blind folded: Experiential diversity training*” for 120<sup>th</sup> American Psychological Association Annual Convention, at Orland Florida.
- Holmes, E., Edmonds-Biglow, K., & **Armstrong, T. R.** (2012, July) Paper Presentation on “*African Americans in academia: Tales from the frontline*”, for The Association of Black Psychologist Annual Convention, at Los Angeles, CA.

- Armstrong, T. R.**, Nguyen, N., President, M., Hawkins, J., & Hendrix, F. (2012, July) Paper Presentation on “*Professional African American women and work: Life balance strategies*”, for The Association of Black Psychologist Annual Convention, at Los Angeles, CA.
- Falcon, C., Magalhaes, C., & **Armstrong, T. R.** (2012, April). Paper Presentation on “*Addressing the mental health needs of children aged 0-5 in foster care*”, for the 92<sup>nd</sup> Annual Southwestern social Science Association, at San Diego, CA.
- Stien-Stover, B., & **Armstrong, T. R.** (2012, April). Panel Presentation on “*Ending child abuse: CAST (Child Advocacy Studies Training)*”, for IVAT Training Conference, at Oahu, HI.
- Armstrong, T. R.**, Edmonds-Biglow, K., Holmes, E., & Sumner, L. (2011, September) Panel Presentation on “*Reducing vicarious trauma, compassion fatigue and burnout through competency based clinical supervision*”, for 16<sup>th</sup> Annual Institute on Violence, Abuse and Trauma Conference, at San Diego, CA.
- Stein-Stover, B., Olson, J., & **Armstrong, T. R.** (2011, September) Poster Presentation on “*CAST (Child Advocacy Studies Training) program information and insightful uses*”, for 16<sup>th</sup> Annual Institute on Violence, Abuse and Trauma Conference, at San Diego, CA.
- Marshall-Davis, R., **Armstrong, T. R.**, Sly, J., Carmack, C., & Davis, B. (2011, July) Poster Presentation on “*Attitudes toward seeking psychological help amongst people of African descent in the United States*”, for the 43<sup>rd</sup> Annual International Association of Black Psychologist Convention, at Crystal City, VA.
- Houston, T. R.**, Brandon, K., Velez-Rivera, L. (2010, July) Poster Presentation on “*Evidence based practices and early childhood mental health consultation*”, for the Training Institute at Georgetown University, at Washington, D.C.
- Houston, T. R.**, (2010, April) Workshop on “*Effectively managing challenging behaviors in the classroom*”, for California Head Start Association 5<sup>th</sup> Annual Health Institute, at Burbank, CA.
- Houston, T. R.**, (2010, March) Workshop on “*Early childhood mental health*”, for the IVAT Training Conference, at Oahu, HI.
- Houston, T. R.**, Brandon, A., & Velez-Rivera, P. (2010, February) Workshop on “*The proactive teacher: how to handle challenging behaviors*”, for the California Head Start Association Annual Education Conference, at Long Beach, CA.
- Houston, T. R.**, Ross, L., & Pascuzzi, M. (2009, October) Workshop on “*Vicarious trauma and the care provider: The cost for caring*”, for the 14<sup>th</sup> Annual ICAN (Inter-Agency Council on Child Abuse) NEXUS Training Conference, at Universal City, CA.
- Houston, T. R.**, Song, M., Murrell, L., Ton, V. (2009, September) Workshop on “*Cultural considerations when using PCIT with African American families*”, for UC Davis Post-Conference PCIT Institute, at Davis, CA.
- Houston, T. R.**, (2003, July 12) Paper on “*Ethnicity, community violence exposure, and PTSD symptoms in inner-city boys*”, for the 9<sup>th</sup> Annual Black Graduate Conference in Psychology, hosted by Howard University, at Washington, DC.

**Houston, T. R.**, (2002, November). Paper on “*Moving towards a liberation psychology: Community violence and African American boys*”, for the Annual Meeting of the American Academy of Religion/Society of Biblical Literature, at Toronto, Canada.

Abernethy, A. D., Otis, K., **Houston, T. R.**, Magat, M., & Arnold, A. (2002, April). Paper on “*Building partnerships with churches to increase prostate cancer control*”, for at 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, at Washington, DC.

Abernethy, A. D., Magat, M., Otis, K., **Houston, T. R.**, & Arnold, H. (2002, April). Poster on “*Intrinsic religiousness and prostate cancer screening receptivity in African-American men*”, for the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, at Washington, DC.

Magat, M., Abernethy, A. D., Otis, K., **Houston, T. R.**, & Arnold, H. (2002, April). Poster on “*Fatalism among African-American men: Effects on prostate cancer screening*”, for the 23<sup>rd</sup> Annual Meeting of the Society of Behavioral Medicine, at Washington, DC.

**Houston, T. R.**, (2002, January). Paper response on “*Community violence & African American youth*”, for the annual Fuller Graduate School of Psychology Integration Symposium, at Fuller Seminary in Pasadena, CA.

Larson, L., Adams, E., **Houston, T. R.**, Speakman, D., Mwit, G., Griffin, M., Eriksson, C., Fawcett, J., Bjorck, J. P., Foy, D. (2001, December) Poster: on “*Trauma exposure, gender, and support in humanitarian aid workers*”, for the 17<sup>th</sup> Annual Meeting of the International Society for Traumaticstress Studies, at New Orleans, LA.

Rupp, E., **Houston, T. R.**, Smith, J., Graham-Howard, M., Madvig, F., Foy, D. (2001, December) Poster on “*Psychometric validation of a sexual abuse measure: the SAEQ-Boys*”, for the 17<sup>th</sup> Annual Meeting of the International Society for Traumaticstress Studies, at New Orleans, LA

McLain, R., Rupp, E., **Houston, T. R.**, Smith, E., Foy, D. (2000, November) Poster on “*Violence exposure among inner-city adolescents: physical injury and PTSD severity*”, for the 16<sup>th</sup> Annual Meeting of the International Society for Traumaticstress Studies, at San Antonio New Mexico.

Adams, E., Larson, L., **Houston, T. R.**, Rupp, E., Eriksson, C., Foy, D. (2000, November) Poster on “*Bereavement and traumaticstress in Liberian war orphans*”, for the 16<sup>th</sup> Annual Meeting of the International Society for Traumaticstress Studies, at San Antonio, NM.

## **COMMUNITY PRESENTATIONS & PROFESSIONAL DEVELOPMENT**

**Armstrong, T. R.** (2024, November 8<sup>th</sup>). ROOTED Reset Retreat. Rancho Palos Verdes, CA.

**Armstrong, T.R.** (2024, October 16<sup>th</sup>). Presented ROOTED: Living Connected, in mind, body and Spirit. Invited Presenter to Wellness Wednesday at Second Baptist Church, Santa Anna, CA.

**Armstrong, T.R.** (2024, May 19<sup>th</sup>). Presentation on Handling Grief & Loss. Invited presenter for mental health day at Angelus Masa Methodist Church, Windsor Hills, CA.



**Armstrong, T. R.** (June 16, 2023). *Sisters Flourishing: Biopsychosocial + spiritual model on stress reduction and wellness enhancement for Black women*. Rancho Palos Verdes, CA.

**Armstrong, T.R.,** Coles, Kim; Seales, Amanda and Holmes, Erica (May 20, 2023). The Danger of the strong Black woman. Movie screening and panelist discussion. Hosted by Champion Counseling Center & Take Action LA.

**Armstrong, T.R.** (August 28, 2022). “*Radical and Communal Self-care,*” for the Executive Board of the Pasadena chapter of Jack and Jill of American, Inc., in Pasadena, CA

**Armstrong, T. R. & Mingo, D.** (April 29, 2022). “*Mental Health Insights to overcoming Pandemic Fatigue*”, for the Los Angeles South/Las Vegas District South Hybrid District Conference of the AME 5<sup>th</sup> Episcopal District, at First AME Church, Pasadena CA

**Armstrong, T.R.** (April 23, 2022). “*Managing Stress by Getting Rooted,*” for the Southern California Cluster meeting of Jack and Jill of American, Inc., in Long Beach, CA

**Armstrong, T. R.** (2014, March). Seminar on “*Living Wellness: Learning to be Content*”, for Faithlift Conference, at Hollywood Presbyterian Church, Hollywood CA.

**Armstrong, T. R.,** Stein-Stover, B., & Olsen, J. (2012, September). Seminar (CEU Course) on “*Child Advocacy Studies Training*”, for two-day workshop presented in collaboration with Alliant’s Institute on Violence, Abuse and Trauma, at San Diego, CA.

**Armstrong, T. R.,** Stein-Stover, B., & Olsen, J. (2012, April). Seminar on “*Child Advocacy Studies Training*”, for two-day workshop presented in collaboration with Alliant’s Institute on Violence, Abuse and Trauma, at Irvine, CA.

**Houston, T. R.** (2009, October). Seminar workshop on “*Effective Evidence Based Practices and Early Childhood Mental Health Consultation*”, for Birth to 5 Collaborative Meeting, at Torrance, CA.

**Houston, T. R.** (2009, October). Seminar workshop on “*Early Childhood Mental Health Consultation*”, for Birth to 5 Collaborative Meeting, at Torrance, CA.

**Houston, T. R.** (2006, January). Seminar on “*The Lay Person and Trauma*”, for Fuller Seminary’s Center for Family Ministries, at Pasadena, CA. Provided training that focused to help youth workers assess and treat children effected by community violence. Assessing violence on the care provider.

**Houston, T. R.** (2004, October). Seminar on “*Managing Crisis in the Lives of Children*”, for Young Life San Francisco Bay Region Leader Training, at Woodleaf, CA. Provide practical training that focused on helping youth workers assess and treat children effected by violence. The impact of violence on the community (PTSD) and care-giver (vicarious traumatization) was explored.

**Houston, T. R.** (2004, August). Presentation on “*Trauma and the Community*”, for Young Life Senior Directors Think Tank, at Pasadena, CA. Presentation consisted of informing leaders of how violence impacts urban youth and the workers caring for the youth.

**Houston, T. R.** (2003, September). Group Facilitator for Fuller Graduate Students of African Descent, at Fuller Seminary in Pasadena, CA. Provide debriefing for a group of students returning from mission work in Uganda, African.

**Houston, T. R.** (2002, September). Group Facilitator for Pasadena Nazarene Missions, at Pasadena, CA.  
Facilitate debriefing sessions for youth returning from international humanitarian aid work.

**Houston, T. R.** (2001-2005, September). Consultant for In the Company of my Sisters, in Pasadena, CA.  
Consult with a local mentoring program on ways to promote self-development, mentorship, self-care, identity formation, and spiritual development in an intergenerational collective of African American women.

## **AFFILIATIONS**

Truth's Table Foundation, Board Chair

CPA

NCSPP

APA

Association of Black Psychologists

Sisters of the Academy

Jack and Jill of America, Inc.

S.T.O.M.P, Board Member

Hosanna Christian Academy, Board Member